

# UNIVERSITY MALAYA MEDICAL CENTRE GUIDELINE ON THE MANAGEMENT OF UNVACCINATED HEALTHCARE WORKERS EXPOSED TO INDIVIDUALS WITH COVID-19 FROM THE COMMUNITY (Prolonged Close Contact: Exposure at distance <1 metre and duration of >15 minutes)

COVID-19  
PATIENT\*

YOU  
Not Vaccinated

EXPOSURE  
RISK

ACTION  
(SYMPTOMATIC)

ACTION  
(ASYMPTOMATIC)



NO MASK



NO MASK

HIGH  
RISK

**Quarantine for 7 days** from date of exposure. COVID-19 RTK-Ag self-test immediately and on day 7. On day 8 to come to OH clinic for assessment before returning to work.\* Daily RTK-Ag self-test on day 9 and 10.

**Quarantine not required** Continue to work with strict adherence to the SOP. Go to OH Clinic for immediate COVID-19 RTK-Ag test and assessment. Daily COVID-19 RTK-Ag self-test\* till day 10.

PATIENT COUGH OR SNEEZE IN FRONT OF YOUR FACE



NO MASK



MASK

HIGH  
RISK

**Quarantine for 7 days** from date of exposure. COVID-19 RTK-Ag self-test immediately and on day 7. On day 8 to come to OH clinic for assessment before returning to work.\* Daily RTK-Ag self-test on day 9 and 10.

**Quarantine not required** Continue to work with strict adherence to the SOP. Go to OH Clinic for immediate COVID-19 RTK-Ag test and assessment. Daily COVID-19 RTK-Ag self-test\* till day 10.



MASK



NO MASK

HIGH  
RISK

**Quarantine for 7 days** from date of exposure. COVID-19 RTK-Ag self-test immediately and on day 7. On day 8 to come to OH clinic for assessment before returning to work.\* Daily RTK-Ag self-test on day 9 and 10.

**Quarantine not required** Continue to work with strict adherence to the SOP. Go to OH Clinic for immediate COVID-19 RTK-Ag test and assessment. Daily COVID-19 RTK-Ag self-test\* till day 10.



MASK



MASK

LOW  
RISK

COVID-19 RTK-Ag self-test immediately, if RTK-Ag result is negative continue to work with strict adherence to the SOP.\*

Continue to work with strict adherence to the SOP.

COVID-19 patients include household members, family, friends and public who have a positive COVID-19 test.

- \* Asymptomatic healthcare worker within 90 days post COVID-19 infection can continue to work without restrictions and does not require testing.
- All RTK Ag self-test is to be purchased by the healthcare worker on their own.
- For healthcare worker with **worsening symptoms and COVID-19 RTK-Ag self-test negative** is advice to go to the Special Staff Health Clinic during office hours or to Trauma and Emergency Department after office hours for assessment.
- All healthcareworkers must complete the Entry Visa daily before entering into University Malaya Medical Centre.
- For healthcareworker with a **positive COVID-19 RTK-Ag test**, they need to update their status on the MySejahtera App and follow the instruction on the App. They need to also inform their Head of Department or Supervisor of the positive test. There will not be a need to have a confirmatory RT-PCR test at SSC or Trauma and Emergency Department.
- For healthcare worker who is High Risk without symptoms are advised to use N95, KN95 or KF94 masks while at work.
- All healthcare workers must continue to adhere to strict SOP while in University Malaya Medical Centre.